



PRODUCTS EXCLUSIVELY FROM  
**BACKSCRATCHERS® SALON SYSTEMS, INC.**

## **YOU® SWITZERLAND VIP ONE-PHASE GEL SYSTEM MAINTENANCE**

### **BEFORE YOU PERFORM MAINTENANCE SERVICES:**

#### **NAIL PREPARATION**

**1) IF NECESSARY - REMOVE POLISH** using Stripr® on a Nail Neat or a Neat & Tidy pad.

**2) CLEANSE HANDS AND NAILS** with Hygienic Elegance® - dry hands thoroughly.

**3) PUSH BACK CUTICLES** gently with a rubber-tipped pusher.

**4) BUFF AND REMOVE SHINE** from nail surface with a SeptiFile® 240-grit abrasive.

**5) FILE THE EXISTING PRODUCT DOWN** to reduce the nail height.

► **NOTE: Be certain that enough product has been removed to avoid excess build-up during maintenance.**

**6) DUST OFF** the natural nail using a dry Nail Neat or Neat & Tidy pad.

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### **TECHNIQUE: HOW TO FLASH CURE**

**STEP 1:** Apply gel to one finger – have client place their hand into the light unit.

**STEP 2:** Turn on light unit. The hand only needs to remain in the light unit for about 5 – 10 seconds to ensure the product has “set up.”

**STEP 3:** Remove the hand for the light unit and repeat this process until all the fingers are done.

**STEP 4: VERY IMPORTANT!!!** Cure the entire hand for the required full 90 seconds to complete the curing process.

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### **TECHNIQUE: HOW TO APPLY YOU® VIP GEL ICE**

**1) MAKE SURE COHESION (STICKY) LAYER IS REMOVED.**

**2) BUFF** the surface of the cured product with a SeptiFile® 240-grit abrasive. Be sure that the surface is completely shine-free.

**3) DUST OFF** the nail using a dry Nail Neat or a Neat & Tidy pad.

**3) APPLY A THIN LAYER OF YOU® VIP ICE** to the nail – leaving a 1/16” (1.5mm) space between the product and the cuticle. Be certain to bring the product down and under to cap the free edge.

**4) CURE** under a 36-watt UV light for 90 seconds.

► **NOTE: There is no cohesion “sticky” layer once the YOU® VIP ICE has cured.**

**5) APPLY NAIL RADIANCE® CUTICLE OIL** to back side of free edge and allow to flow into cuticles.

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**BACKSCRATCHERS®**  
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## MAINTENANCE: NAILS WITH TIPS

► **NOTE: If you are doing a fill over tips you have two options:**

**A) IF NEEDED, BUFF THE GEL COMPLETELY OFF**, soak tips off, and reapply as a new full set.

**B) FILL IN GROWTH AREA** with VIP® YOU White gel – follow the steps below.

**1) PREP NAILS.** See front page.

**2) APPLY A THIN LAYER OF YOU® VIP WHITE GEL OVER THE ENTIRE FREE EDGE** to recreate smile line and to also re-whiten and fill in the growth area.

**3) CURE** under a 36-watt UV light for 90 seconds. **DO NOT WIPE** off cohesion (sticky) layer.

► **NOTE: When learning this application, the Flash Cure technique is very helpful to prevent the white gel from moving – and losing the smile line. See FLASH CURE TECHNIQUE on front page.**

**4) APPLY A THIN LAYER OF YOU® VIP AQUA** to the entire nail. Pay attention to the stress area – the “C” curve and arch.

**5) CURE** under a 36-watt UV light for 90 seconds. **DO NOT WIPE** off cohesion (sticky) layer.

**6) EXAMINE THE NAIL SHAPE** and apply another thin layer of YOU® VIP Aqua to the entire nail. Pay attention to the stress area – the “C” curve and arch.

**7) CURE** under a 36-watt UV light for 90 seconds.

► **NOTE: A third layer of YOU® VIP Aqua may be needed upon client’s requirements.**

**8) IF APPLICABLE – CURE** third layer under a 36-watt UV light for 90 seconds.

**9) REMOVE COHESION (STICKY) LAYER** using a Neat & Tidy pad moistened with Stripr®.

► **NOTE: To achieve a higher shine, see front page to APPLY YOU® VIP ICE.**

**10) APPLY NAIL RADIANCE® CUTICLE OIL** to back side of free edge and allow to flow into cuticles.

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## MAINTENANCE: SCULPTED NAILS

**1) PREP NAILS.** See front page.

**2) APPLY A THIN LAYER OF YOU® VIP WHITE GEL OVER THE ENTIRE FREE EDGE** to recreate smile line and to also re-whiten and fill in growth area.

**3) CURE** under a 36-watt UV light for 90 seconds. **DO NOT WIPE** off cohesion (sticky) layer.

► **NOTE: When learning this application, the Flash Cure technique is very helpful to prevent the white gel from moving – and losing the smile line. See FLASH CURE TECHNIQUE on front page.**

**4) APPLY A THIN LAYER OF YOU® VIP AQUA** to entire nail. Pay attention to the stress area – the “C” curve and arch.

**5) CURE** under a 36-watt UV light for 90 seconds. **DO NOT WIPE** off cohesion (sticky) layer.

**6) EXAMINE NAIL SHAPE** and apply another thin layer of YOU® VIP Aqua to the entire nail. Pay attention to the stress area – the “C” curve and arch.

**7) CURE** under a 36-watt UV light for 90 seconds. **DO NOT WIPE** off cohesion (sticky) layer.

► **NOTE: A third layer of YOU® VIP Aqua may be needed upon client’s requirements.**

**8) IF APPLICABLE – CURE** third layer under a 36-watt UV light for 90 seconds.

**9) REMOVE COHESION (STICKY) LAYER** using a Neat & Tidy pad moistened with Stripr®.

► **NOTE: To achieve a higher shine, see front page to APPLY YOU® VIP ICE.**

**10) APPLY NAIL RADIANCE® CUTICLE OIL** to back side of free edge and allow to flow into cuticles.

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## MAINTENANCE: NATURAL OVERLAY

**1) PREP NAILS.** See front page.

**2) APPLY A THIN LAYER OF YOU® VIP AQUA** to entire nail.

**3) CURE** under a 36-watt UV light for 90 seconds. **DO NOT WIPE** off cohesion (sticky) layer.

**4) EXAMINE NAIL SHAPE** and apply another thin layer of YOU® VIP Aqua to the entire nail if needed. Pay attention to the stress area – the “C” curve and arch.

**5) CURE** under a 36-watt UV light for 90 seconds. **DO NOT WIPE** off cohesion (sticky) layer.

► **NOTE: A third layer of YOU® VIP Aqua may be needed upon client’s requirements.**

**6) IF APPLICABLE – CURE** third layer under a 36-watt UV light for 90 seconds.

**7) REMOVE COHESION (STICKY) LAYER** using a Neat & Tidy pad moistened with Stripr®.

► **NOTE: To achieve a higher shine, see front page to APPLY YOU® VIP ICE.**

**8) APPLY NAIL RADIANCE® CUTICLE OIL** to back side of free edge and allow to flow into cuticles.